

## Powerful Ingredients



**Açai berry** contains powerful antioxidants and anthocyanins, as well as an array of naturally occurring essential fatty acids, amino acids, and plant sterols.



**Pomegranate** delivers antioxidant activity that was measured three times higher than red wine and green tea.



**Cranberry** contains a wide variety of compounds, including proanthocyanidins, and is selected for the urinary tract.



**Blueberry** was rated as the No. 1 antioxidant when compared to over 40 fruits and vegetables tested by the USDA Human Nutrition Center.

## About Synergy WorldWide

Synergy WorldWide, led by Founder and CEO Dan Higginson, is one of the world leading companies specializing in health and anti-aging products. The highly capable team of executives has more than 70 years of combined experience in the network marketing industry and the determination it takes to achieve success.

Since its founding in 1999, Synergy has established a proven track record of success in markets around the world. Synergy WorldWide is a division of Nature's Sunshine Products (NSP), a respected debt-free company with more than 35 years in the herbal-health industry.

Visit us at [www.synergyworldwide.com](http://www.synergyworldwide.com) to learn more about our revolutionary line of nutritional and personal care products.

For more information, contact:

**SYNERGY**  
leave a legacy

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# MISTIFY

Build **Sustain** Enhance



**SYNERGY**  
build • sustain • enhance

# Formulated to help fight free radicals

Free radicals damage the cells in your body by causing oxidation, the same process that makes nails rusty and apple slices brown.

One of the most effective ways to defend against free radicals is to support the body with antioxidants. Synergy's Mistify contains ingredients with high antioxidant content. The açai berry and other fruits found in Mistify are natural sources of anthocyanins and other antioxidants, which can neutralize free radicals.

## The OxiScore Antioxidant Test

A recent study looked at the effect of Mistify consumption on a test group representative of the general population that included smokers and obese individuals. Approximately 80 percent of all the subjects showed a decrease in free radical activity, and the group overall experienced a 43 percent reduction in free radical cell damage.



“Cells can be damaged by free radicals. The best way that we have found to reduce this damage is to consume good foods that contain powerful antioxidants. Antioxidants have the power to help neutralize free radicals that can lead to cell damage.”

—William J. Keller, PhD  
Synergy Scientific Advisory Board

Mistify is a unique combination of antioxidants, anthocyanins, and essential fatty acids. Including a daily serving of Mistify in your nutritional regime helps enhance vitality while supporting a healthy immune and cardiovascular system.

**Mistify fruit blend is formulated to contain naturally occurring levels of:**

- **Antioxidants**  
to help counter free radical damage
- **Anthocyanins**  
to support a healthy cardiovascular system
- **Essential fatty acids**  
to maintain a healthy digestive system

